## Alcohol Questionnaire for Adults

## Your Contact Details

Title:
First Name(s):
Last Name:
Date of Birth:
Home Telephone:
Work Telephone:


Home Address:


Postcode:
Mobile Telephone:


Email:
$\square$

## Alcohol

1 drink = $1 / 2$ pint of beer or 1 glass of wine or 1 single spirits.
1 unit of alcohol = 10cc of alcohol. So, a small glass (125cc) of $12 \%$ wine is 12.5 * $0.12=1.5$ units.

How often do you have a drink containing alcohol?
How many standard drinks containing alcohol do you have on a

typical day?
MEN: How often do you have EIGHT or more drinks on one occasion?
WOMEN: How often do you have SIX or more drinks on one occasion?

